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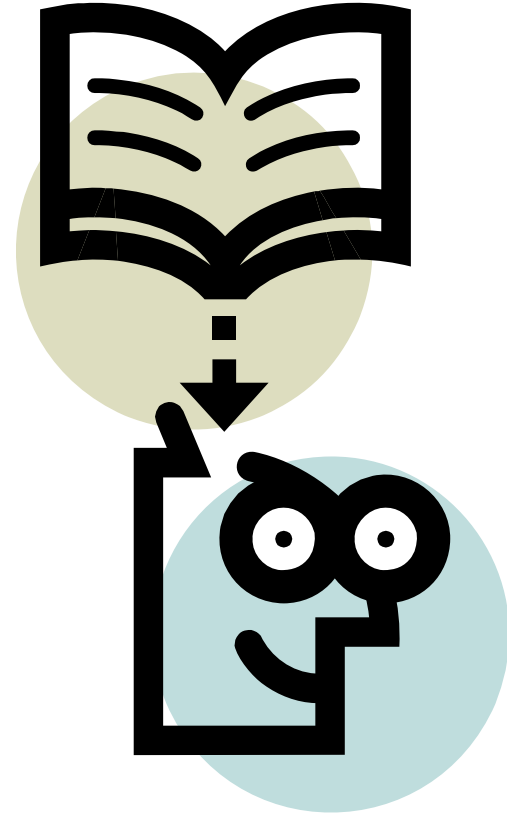
**Bolton-Oldham-Cardiff
Satsang Conference
17 – 19 September 2004**

**Welcome &
Jai Swaminarayan**



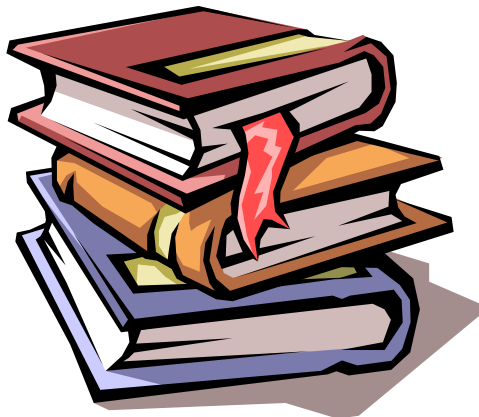
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‘GNAN’



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- What is Gnan?
- Why do we need Gnan?
- How can one acquire Gnan?



REFERENCE MATERIAL

Shikshapatri Slokas : 104 to 108

Bal Gnan :



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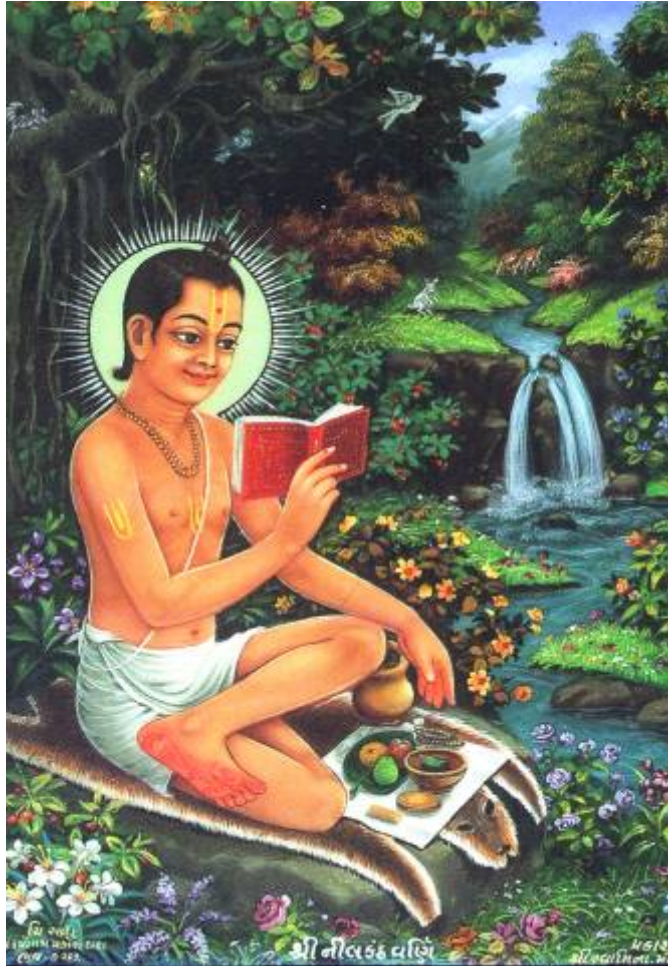
- ✘ Gnan is NOT knowledge about common worldly subjects
- ✓ **Gnan is the spiritual knowledge & understanding of the relationship between Jeeva, Ishwar, Maya, Brahm and Parbrahm**



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- **Jeeva** – Soul which is eternal, impenetrable, indivisible, invisible, indestructible
- **Ishwar** – Forms with power invested by God, e.g. Brahma, Vishnu, Shiva
- **Maya** – Force of God. Any distraction from God
- **Brahm** – Jeevas that have achieved Moksha
- **Parbrahm** – Almighty God Supreme

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‘VAIRAGYA’

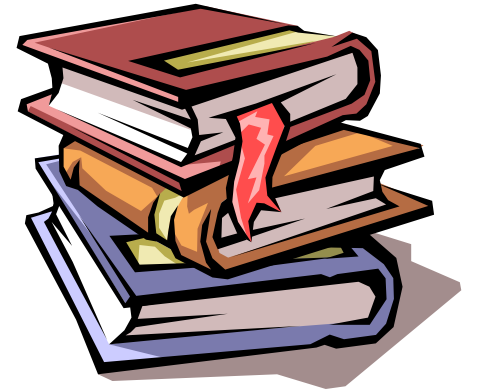
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- What is Vairagya?
- Why does one need Vairagya?
- What are the consequences of not having Vairagya?
- How can one acquire Vairagya?

REFERENCE MATERIAL

Shikshapatri Sloka : 104

Vachnamrita Sloka : Gadhada First 2





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- Without Vairagya one is easily tempted into worldly pleasures
- **Vairagya....**
 - is the non attachment to everything except God
 - is essential in building a strong bond with God
- There are 3 Levels of Vairagya



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Vairagya Levels

- **Highest** – No attachment to anything but God, even under the most tempting of situations
- **Middle** – Strong attachment to God, only sways under the most severe of conditions
- **Lowest** – Easily sways from God at first sign of worldly desires

Which level applies to you??



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Overall Summary

**Dharma, Bhakti,
Gnan and Vairagya**



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