



Shree Swaminarayan Yuvak & Mahila Mandal

જય સ્વામિનારાયણ

Shikshapatri Sloka 31

અને જે ઔષધ દારૂ તથા માંસ તેણે યુક્ત હોય તે ઔષધ ક્યારેય ન ખાવું અને વરી જે વૈદના આચરણને જાણતા ન હોઈએ તે વૈદે આખું જે ઔષધ તે પણ ક્યારેય ન ખાવું.

One shall never take medicine which contains alcohol or meat extracts, nor take medicine from an unknown physician.



Dr Gov Vek



Shikshapatri Sloka 31

- Go to doctors who are reputed
- Go to doctors who are Ayur Vedic (Herbal Doctors)
- Not Dr Gov's down Manley Road

What do we do then in
today's society?



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DHARMA



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- ❖ What is Dharma?
- ❖ Identify five examples of Dharma?
- ❖ Why do we need Dharma?
- ❖ What are the consequences of not upholding Dharma?



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What is Dharma?

- The practice of religious disciplines and duties, i.e., niyams - including honesty, brahmacharya, non-violence. One of the four attributes of ekantik dharma.
- Lord Swaminarayan has stated in the Shikshapatri that ‘Dharma is the right conduct as authenticated by Shruti and Smruti’ (scriptures) Sloka 103



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Glossary:

Ekantik Dharma- Collective word for the four endeavors of dharma, gnan, vairagya and bhakti, coupled with the knowledge of God's greatness the understanding of which will lead one to become an ekantik bhakta.

Shurti- Collection of divine revelations imparting philosophical and spiritual wisdom – as revealed to the rishis

Smrutis- Set of scriptures



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Identify five examples of Dharma?

- ✓ Ghanshyam serves his parents
- ✓ Nilkanth Varni serves Sevakram while on Van Vichran
- ✓ Nilkanth Varni serves santo at Loj



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Why do we need Dharma?

- ✓ Lord Swaminarayan has clearly stated the importance of Dharma in the Shikshapatri:
- ✓ Lord Swaminarayan stated that devotion and moral behaviour is essential for salvation and reaching divine Akshardham
- ✓ Disobeying Bhagwan



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What are the consequences of not upholding Dharma?

- ✓ No 'shuk' in this life or the after life
- ✓ Shikshapatri Sloka 9
- ✓ End up in Jampuri like where you will see the devils....can be seen in Brahmanand Swami's song 'Jyare Jamna Doot Dekhase'
- ✓ No path at all to achieving Moksha



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તન પર રીઝશે રે, ધર્મ ને ભક્તિ કરશે
ક્ષેમ..

Tama Para Reejhashe Re, Dharma Ne
Bhakti Karashe Kshema...

“Religion and devotion will protect
you, and they will be happy with
you....”



जय स्वामिना रायए